



# TRI-COUNTY R.V.T.H. SCHOOL

## MARCH 2010 BREAKFAST



ASSORTED LOW FAT MILK SERVED WITH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT	<b>2</b> MILK & JUICE HAM & CHEESE CROISSANT CEREAL W/YOGURT FRUIT	<b>3</b> MILK & JUICE BREAKFAST PIZZA CEREAL W/YOGURT FRUIT	<b>4</b> MILK & JUICE ASSORTED MUFFINS CEREAL W/YOGURT FRUIT	<b>5</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT
<b>8</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT	<b>9</b> MILK & JUICE FRENCH TOAST W/SAUSAGE CEREAL W/YOGURT FRUIT	<b>10</b> MILK & JUICE BREAKFAST PIZZA CEREAL W/YOGURT FRUIT	<b>11</b> MILK & JUICE ASSORTED MUFFINS CEREAL W/YOGURT FRUIT	<b>12</b> EARLY RELEASE  DAY
<b>15</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT	<b>16</b> MILK & JUICE EGG & CHEESE OMLET CEREAL W/YOGURT FRUIT	<b>17</b> MILK & JUICE BREAKFAST PIZZA CEREAL W/YOGURT FRUIT	<b>18</b> MILK & JUICE ASSORTED MUFFINS CEREAL W/YOGURT FRUIT	<b>19</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT
<b>22</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT	<b>23</b> MILK & JUICE HAM & CHEESE CROISSANT CEREAL W/YOGURT FRUIT	<b>24</b> MILK & JUICE BREAKFAST PIZZA CEREAL W/YOGURT FRUIT	<b>25</b> MILK & JUICE ASSORTED MUFFINS CEREAL W/YOGURT FRUIT	<b>26</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT
<b>29</b> MILK & JUICE BAGELS W/CREAM CHEESE CEREAL W/YOGURT FRUIT	<b>30</b> MILK & JUICE HAM & CHEESE CROISSANT CEREAL W/YOGURT FRUIT	<b>31</b> MILK & JUICE BREAKFAST PIZZA CEREAL W/YOGURT FRUIT		<b>ALL            MEALS            SUBJECT            TO CHANGE</b>



# TRI-COUNTY R.V.T.H. SCHOOL

## MARCH 2010 LUNCH

ASSORTED LOW FAT MILK AND BREAD SERVED WITH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Chicken Patty on a Roll Ham & Cheese Croissant Rice & Veggie Fruit & Salad	<b>2</b> Ziti with Meatballs Meatball Sub Fruit & Salad	<b>3</b> Taco Bar With All The Fixings Cheeseburger on a Roll Fruit & Salad	<b>4</b> Chicken Nuggets W/White Rice, Corn & Wheat Bread Steak & Cheese Sub Fruit & Salad	<b>5</b> Cheese or Pepperoni Pizza Fiery Chicken Fingers Fruit & Salad
<b>8</b> Chicken Patty on a Roll Honey BBQ Rib on Sub Roll Rice & Veggie Fruit & Salad	<b>9</b> Stuffed Shells With Meatballs Meatball Sub Fruit & Salad	<b>10</b> Baked Breaded Chicken Mashed Potato/Vegetable Roll & Butter Cheeseburger on a Roll Fruit & Salad	<b>11</b> Bosco Stix With Marinara Sauce Steak & Cheese Sub Rice & Veggie Fruit & Salad	<b>12</b> <b>EARLY RELEASE</b>  <b>NO LUNCH</b>
<b>15</b> Chicken Patty on a Roll Ham & Cheese Croissant Rice & Veggie Fruit & Salad	<b>16</b> Chicken Dippers Chicken Wrap Rice & Veggie Fruit & Salad	<b>17</b> Chicken Parm With Pasta Meatball Sub Rice & Veggie Fruit & Salad	<b>18</b> Taco Bar With All The Fixings Steak & Cheese Sub Rice & Veggie Fruit & Salad	<b>19</b> Cheese or Pepperoni Pizza Fish With Cheese on a Roll With Oven Fries Fruit & Salad
<b>22</b> Chicken Patty on a Roll Ham & Cheese Croissant Rice & Veggie Fruit & Salad	<b>23</b> Pasta & Meatballs Meatball Sub Honey BBQ Rib on a Roll Fruit & Salad  	<b>24</b> Turkey Dinner Mashed Potato/Vegetable Stuffing ,Cranberry Sauce & Dinner Roll Cheeseburger on a Roll Fruit & Salad	<b>25</b> Chicken Nuggets W/White Rice, Corn & Wheat Bread Steak & Cheese Sub Fruit & Salad	<b>26</b> Cheese or Pepperoni Pizza Popcorn Chicken With Oven Fries Fruit & Salad
<b>29</b> Chicken Patty on a Roll Ham & Cheese Croissant Rice & Veggie Fruit & Salad	<b>30</b> Spaghetti & Meatballs Meatball Sub Rice & Veggie Fruit & Salad	<b>31</b> Taco Bar With All The Fixings Steak & Cheese Sub Rice & Veggie Fruit & Salad	<b>ALL            MEALS            SUBJECT            TO CHANGE</b>	